Dream Boards

Items Needed: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

A Dream Board is a visual way of making and inspiring you to meet life goals. The final product will be something that you will keep somewhere close to you, such as hung up on a wall in your room, locker, or on your dresser at home…somewhere you will see it every day.

**Things you will need to bring to class…**

1. A picture of yourself (one that can go permanently in the center of your Dream Board)
2. Several magazines to cut out and print-outs of images
3. Scissors, glue, tape!
4. Images from Clip Art or online that represent your goals, feel free to bring scrap book supplies too, try and print in color if you can. Or use colored pencil if you print in black and white!
5. Your 2-3 favorite life-inspiring quotes – Look them up, bring them in or store on your phone!

**Step 1 – Writing it all down (Use the Sheet from Ms. Tharp**

**List 10 short-term goals that you have for your life** – these are things you would like to accomplish by the time you graduate from High School. Make SPECIFIC deadlines for these goals (as in DATES!).

**List 10 long-term goals that you have for your life** – these should be long range goals (college, career, places you want to visit, things you want to have, adventures to try, and more! Get Creative!)

**Step 2** – Choose your images

**Step 3** – Lay out the images & gluing them to your Dream Board

**Step 4** – Add your favorite quotes to the front, and your goals sheets to the back

**Step 5** - Attach the hanger to the back of your board

**Final** – Share your Dream Board with the class in a short presentation. Hang it in a special place in your room ☺

**Dream Board Mini Speech**

* Introduce yourself
* Talk about 3 of your short term goals and how you represented them and why
* Talk about 3 of your long term goals and how your represented them and why
* Share your favorite quote and why you chose it
* Conclude & thank your audience

**FYI:** Please bring in stickers, paper, glue, scissors, scrap book supplies, magazines, or other art supplies.