*“*[*Keep your dreams alive. Understand to achieve anything requires faith and belief in yourself, vision, hard work, determination, and dedication. Remember all things are possible for those who believe*](http://thinkexist.com/quotation/keep-your-dreams-alive-understand-to-achieve/377245.html)*.”* – Gail Devers

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**My Dreams**

|  |  |  |
| --- | --- | --- |
| **Short-term goals – I will achieve these before I graduate from high school.** | Date I would like to achieve this goal by: | Check it off once it is accomplished! |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |

|  |  |  |
| --- | --- | --- |
| **Long-term goals – I will achieve these at some point in**  **my life.** | Date I would like to achieve this goal by: | Check it off once it is accomplished! |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |

**Remember: Keep your Dream Board in your room where you will see it EVERY DAY. Use it as inspiration, and to keep track of the important things that you want to do with your life. Get it out when you graduate from high school and assess what you have accomplished, and what goals you are still working on. Visual your goals and they will happen!**